




GILDA'S CLUB METRO DETROIT  
An Affiliate of the CANCER SUPPORT COMMUNITY

# September 2023 — Detroit

Mon	Tue	Wed	Thu
<p>(H) - Indicated this is a 'Hybrid Program.' Members can register to attend in person or virtually.</p> <p>Red = NEW!</p>	<p>Registration is required for <u>all</u> programs.</p> <p>You can give us a call at <b>313.356.7600</b> or register online at: <b>www.gildasclubdetroit.org</b></p>		
<p>4</p> 	<p>5</p> <p><b>12:00 (H)</b> Oncology Professionals Peer Support Group</p> <p><b>2:00 (H)</b> Expressive Writing</p>	<p>6</p>	<p>7</p> <p><b>11:00 (H)</b> Gastrointestinal Cancers Group</p> <p><b>4:00</b> Family Art Time</p> <p><b>5:00</b> Teen Talk</p> <p><b>5:00</b> New Member Meeting</p> <p><b>5:30</b> Karaoke Night!</p> <p><b>6:30</b> Durfee Dinner</p>
<p>11</p> <p><b>11:00 (H)</b> Living with Cancer Group</p>	<p>12</p>	<p>13</p> <p><b>12:00 (H)</b> Dance Again with Dr. Val</p>	<p>14</p> <p><b>*11:00</b> Parents Connect (off-site)</p> <p><b>5:00</b> New Member Meeting</p> <p><b>5:30</b> Spin &amp; Spill Social Gathering</p> <p><b>5:30 (H)</b> Dance Therapy with Max</p> <p><b>6:00</b> Women of Color Group</p> <p><b>6:30 (H)</b> Uncomfortable Conversations: Intimacy &amp; Cancer</p>
<p>18</p>	<p>19</p> <p><b>5:30</b> Sipping Smoothies with Shelby</p> <p><b>6:00</b> Gilda's @ Durfee Community Zumba</p> <p><b>6:30 (H)</b> Oncology Professionals Peer Support Group</p>	<p>20</p> <p><b>7:00</b> Durfee intenSati &amp; Snacks!</p>	<p>21</p> <p><b>4:00</b> Family Art Time</p> <p><b>5:00</b> New Member Meeting</p> <p><b>5:00</b> Kids Living with Cancer Group</p> <p><b>5:30</b> Drop-in Resources Group</p> <p><b>6:00</b> Loving Someone Through Cancer</p> <p><b>6:30 (H)</b> Uncomfortable Conversations: Intimacy &amp; Cancer</p>
<p>25</p> <p><b>11:00 (H)</b> Living with Cancer Group</p>	<p>26</p>	<p>27</p> <p><b>12:00 (H)</b> Dance Again with Dr. Val</p> <p><b>1:00 (H)</b> Caregivers Book Club</p>	<p>28</p> <p><b>*11:00</b> Parents Connect (off-site)</p> <p><b>5:00</b> New Member Meeting</p> <p><b>5:30 (H)</b> Dance Therapy with Max</p> <p><b>6:00 (H)</b> LGBTQIA+ and Cancer</p> <p><b>6:30</b> Growing Through Grief</p>