



Mon	Tue	Wed	Thu
<p>1</p> <p>Closed No Programming</p>	<p>2</p> <p>10:30 Chair Yoga 11:00 Coffee Hour! 1:00 Timely Tuesdays Art Class 5:00 Game Night!</p>	<p>3</p> <p>10:30 New Member Meeting 12:30 Lake House Lunch! 1:00 Women's Empowerment Circle</p>	<p>4</p> <p>Closed No Programming</p>
<p>8</p> <p>Closed No Programming</p> <p>Registration is required for <u>all</u> programs.</p> <p>You can give us a call at 586-777-7761 or register online at: www.gildasclubdetroit.org</p>	<p>9</p> <p>10:30 Chair Yoga 11:30 Book Club: Chapter and Conversations 4:00 Noogieland Play at the Lake House! 5:00 Lake House Community Dinner 6:00 Parenting a Child w/Cancer (H) 6:00 Mindful Crafting for Kids 6:00 Living With Cancer Group (H)</p>	<p>10</p> <p>10:30 New Member Meeting 1:00 Flower Pounding For Prints 4:00 Reiki 4:30 Reiki or Foot Reflexology 5:00 Reiki or Foot Reflexology</p>	<p>11</p> <p>Closed No Programming</p>
<p>15</p> <p>Closed No Programming</p>	<p>16</p> <p>10:30 Chair Yoga 11:00 Coffee Hour! 1:00 Timely Tuesdays Art Class 6:00 Euchre! 6:00 Blood Cancers Support Group</p>	<p>17</p> <p>10:30 New Member Meeting 2:30 Caregiver to Caregiver Peer Networking Group 6:00 Lung Cancer Screening Presentation</p>	<p>18</p> <p>Closed No Programming</p>
<p>22</p> <p>Closed No Programming</p>	<p>23</p> <p>10:30 Chair Yoga 12:00 Keep Calm & Carry Yarn-Knitting & Crotchet Circle 3:00 The Best Therapist Have Four Legs! 4:00 Noogieland Play at the Lake House! 4:00 Cancer Fighting Smoothies w/LaShawnda 4:30 Art Therapy 6:00 Breast Group 6:00 Managing the Adverse Side Effects of...</p>	<p>24</p> <p>10:30 New Member Meeting 11:00 Reiki for Energy Healing 11:45 Reiki for Energy Healing 1:00 Healing Arts Watercolor Basics 1:00 Women's Empowerment Circle 2:00 Learn to Play the Ukulele!</p>	<p>25</p> <p>Closed No Programming</p>
<p>29</p> <p>Closed No Programming</p>	<p>30</p> <p>10:30 Chair Yoga 6:00 The Uncomfortable Conversations About Hospice</p>	<p>Registration is required for <u>all</u> programs.</p> <p>You can give us a call at 586-777-7761 or register online at: www.gildasclubdetroit.org</p>	