

APRIL 2025 DETROIT

2470 Collingwood St.
Rooms 118 & 120
Detroit MI, 48206
(313) 356-7600

**GILDA'S CLUB
METRO DETROIT**
An Affiliate of the
CANCER SUPPORT COMMUNITY



MON	TUE	WED	THU	FRI	SAT	SUN
	1 11:00 AM: DROP IN: RESOURCES AND SUPPORT 1:00 PM: PAINTING & JAZZ	2 10:30 AM: DIG INTO GARDENING: NATURE'S THERAPY	3 11:00 AM: DROP IN: RESOURCES AND SUPPORT 5:30 PM: DURFEE FAMILY DINNER! 6:00 PM: GROOVE & HUSTLE AT GILDA'S	4	5	6
7 10:30 AM: STITCHING CIRCLE 11:00 AM, 12:00 PM, 1:00 PM, 2:00 PM: REIKI: RECONNECTIVE HEALING 12:00 PM: LUNCH & LEARN 1:00 PM: <u>LIVING WITH CANCER GROUP (H)</u> 5:00 PM: NEW MEMBER MEETING 6:00 PM: <u>BREAST CANCER NETWORKING GROUP (H)</u> 6:00PM: CHAIR YOGA (H)	8 11:00 AM: DROP IN: RESOURCES AND SUPPORT 1:00 PM: PAINTING & JAZZ	9 10:30AM: DIG INTO GARDENING: NATURE'S THERAPY	10 11:00 AM: DROP IN: RESOURCES AND SUPPORT 1:00 PM: BASKETWEAVING FOR BEGINNERS 5:30 PM: SPIN & SPILL SOCIAL TIME! 5:30 PM: CHOP, STIR, SERVE: SOUP MAKING 101 6:30 PM: HEALTH EQUITY BOOK CLUB	11	12	13
14 10:30 AM: WATERCOLOR FOR BEGINNERS 12:00 PM: LUNCH & LEARN 1:00 PM: <u>LIVING WITH CANCER GROUP (H)</u> 5:00 PM: NEW MEMBER MEETING 6:00PM: <u>LOVING SOMEONE THROUGH CANCER (H)</u>	15 11:00 AM: DROP IN: RESOURCES AND SUPPORT 1:00 PM: PAINTING & JAZZ 3:00 PM: LAUGHTER YOGA (H)	16 10:30AM: DIG INTO GARDENING: NATURE'S THERAPY	17 11:00 AM: DROP IN: RESOURCES AND SUPPORT 4:00 PM: ZUMBA 5:30 PM: COOKING FOR ONE SERIES	18	19	20
21 10:30 AM: DIAMOND PAINTING 12:00 PM: LUNCH & LEARN 1:00 PM: <u>LIVING WITH CANCER GROUP (H)</u> 5:00 PM: NEW MEMBER MEETING 6:00 PM: <u>YOUNG ADULT THRIVE TRIBE (H)</u> 6:00 PM: CHAIR YOGA (H)	22 11:00 AM: DROP IN: RESOURCES AND SUPPORT 1:00 PM: PAINTING & JAZZ	23 10:30AM: DIG INTO GARDENING: NATURE'S THERAPY	24 11:00 AM: DROP IN: RESOURCES AND SUPPORT 5:00PM: <u>LUNG CANCER GROUP (H)</u> 6:00 PM: ZUMBA 7:00 PM: CANCER-FIGHTING SMOOTHIES WITH TIFFANY	25	26	27
28 10:00 AM: SOULFUL STEPS 11:00AM: THE ART OF FABRIC 12:00 PM: LUNCH & LEARN 1:00 PM: <u>LIVING WITH CANCER GROUP (H)</u> 5:00PM: NEW MEMBER MEETING 6:00 PM: GROUNDING IN NATURE: WORKSHOPS FOR STRESS RELIEF (H)	29 11:00 AM: DROP IN: RESOURCES AND SUPPORT 1:00 PM: PAINTING & JAZZ	30 10:30AM: DIG INTO GARDENING: NATURE'S THERAPY				